

# SKIN SECRETS

UNIVERSALLY FLATTERING BLUSHER, RESCUE BALMS AND MAKE-A-DIFFERENCE BEAUTY TIPS

COMPILED BY TRACEY STRANGE WATTS



Go for gold. Bronze and peach is a winning colour combo. Soft peach shadows on the eye, a sweep of gold-toned bronzer on the cheeks... both are perfect ways to highlight skin, day or night. Photo: Tigerlily, tigerlily.com.au

## POLISH UP

Apart from defining two essential features (your cheekbones), blush adds warmth to the skin tone and provides a pretty glow. If you are a fan of powder varieties, try experimenting with a gel or cream formulation. Cream blushers usually have a higher pigment base, which makes them appear heavier in their containers, but they go on sheer and look natural. Try Sisley's Phyto-Blush Twist (\$92), a crayon that provides easy, mistake-proof application.



Pull your look together in flattering shades of cream and blush. Witchery, witchery.co.nz

## INSIDER-TRADING

Few women have perfect features. Healthy hair, glowing skin and good makeup, however, are within everyone's grasp. Here are 10 simple insider tips it pays not to ignore.

1. An eyelash curler does wonders for practically everyone — with the exception of the lucky few whose lashes were clearly stolen from a jersey cow.
2. Invest in tools. A paddle brush is the blow-waver's best friend; an angled eyeshadow brush makes light work of lining eyes and filling in brows; blusher will always go on better with a large, soft-bristled applicator.
3. Always start eyeliner just above the pupil,

- going outwards. Ditto for under the eye.
4. It's not foundation's job to conceal blemishes, pigmentation, sunspots, rosacea and even freckles. That's the job of concealer. All foundation can be reasonably expected to do is even out the skin tone.
5. Good skin is as essential to looking good as vegetables are to eating well. Save your skin (and your beauty budget) by wearing sunblock every day.
6. Concerned that you are wearing too much makeup? Turn away from the mirror, then turn back and remove (or lighten) the first thing that strikes your eye — such as dark eyeliner or bright lipstick.
7. Use an antioxidant

- moisturizer or serum, such as Joyce Blok's Super Serum, \$150, underneath your sunscreen. It further protects the skin from free radicals and UVs.
8. Lippgloss is just as appropriate — and flattering — at 17 as it is at 70.
9. Eyes that angle down — a fact of ageing — can make you appear sad. To create an upward eye shape, use softly smudged eyeliner along the upper lashline, flicking it up at the outer corners of the eyes.
10. Use eyeshadow as eyeliner. It is often softer and easier to apply than pencil or liner.



## SLAM DUNK

Keep an eye out for Agnes & Me's Blam Blam Balm, \$40, a product in the same all-purpose family as Trilogy's Everything Balm, Elizabeth Arden's Eight-Hour Cream and the mānuka wonder-worker, ManukaRX Ointment. Blam Blam Balm combines plant ingredients in one multi-rescue formula. Rosehip, safflower, jojoba, hemp seed, shea butter... is there any beneficial ingredient this all-natural salve doesn't contain? Use it on nails, skin, lips and hair. It is also an excellent oil-based cleanser. And it's Kiwi-made; created in a home studio in Titirangi, Auckland, by former nurse Deidre Doran.

NZ  
**Life**  
& **Leisure**  
*Inspiring New Zealanders*

